

Mai Chau – Pu Luong Discovery Tour – 6 Days / 5 Nights



Duration: 6 Days/ 5 Nights

Depart From: Hanoi

Tour Route: Hanoi - Mai Chau - Hang Kia - Kho Muong - Cao Hoong - Cao village - Canh Nang village - Mai Chau - Hanoi

Description: The Pu Luong Nature Reserve is an area of outstanding beauty, cultural interest and high biodiversity value stretching from Mai Chau in the North West to Cuc Phuong National Park in the south east. The region is blessed with rich forest, limestone panoramas, magnificent rice terraces and breathtaking scenery. This 6 days trip, we can experience the everyday life and culture of Thai and Muong ethnic minorities and spend nights with friendly locals.

Brief Itinerary

Dates	Destinations	Meals Included	Transportation/ Trekking Level
Day 1	Hanoi – Mai Chau – Pu Luong – Ban Hang	L, D	By car
Day 2	Trek to Kho Muong Village	B, L, D	Medium trekking
Day 3	Trek to Cao Hoong Village	B, L, D	Medium trekking
Day 4	Trek to Cao Village	B, L, D	Medium trekking

Green Discovery Indochina Head Office

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Day 5	Cao Village – Canh Nang Town – Mai Chau	B, L, D	Medium trekking
Day 6	Mai Chau – Hanoi	B, L	By car

Detailed Itinerary

Day 1: Hanoi – Mai Chau – Pu Luong – Tan Phuc – Trek to Ban Hang (L, D)

Today morning, at 8:00 AM our guide and driver will come to pick you up at your hotel and depart Hanoi for Pu Luong Natural Reserve via Mai Chau. This scenic drive takes around 4 hours. Along the way, pass fields of tapioca and sugar cane as well as rice paddies. Reach Mai Chau valley by lunch time.

We will have lunch in Pom Coong Village and then drive 22km further into the reserve to begin the trek for approximately 2, 5 hours; we will arrive in Hang Village. Spend the night with a local Thai family in a traditional house built on stilts. Take rest for few minutes then we will stroll around the village to observe daily life activities of the locals. Tonight we will have dinner and overnight in stilt house of white Thai minority people in Hang village.

Day 2: Ban Hang – Trek to Kho Muong Village (B, L, D)

After breakfast in the home-stay, we will start our trekking day. In the morning, we will walk for around 6 hours on a rocky path running through jungle.

Lunch will be served in a village along the way.

After lunch, we will pass through several Thai villages before arriving at the village of Kho Muong.

Tonight we will have dinner and stay the second night in a Muong minority village.



Day 3: Kho Muong village – Trek to Cao Hoong Village (B, L, D)

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Today we will have a full day trek as we climb to the Pu Luong range. En route pass through a number of small hamlets and minority villages. After 3 hours of light ascent, descend to the village of Cao Hoong, a village of Thai ethnic minority people and have local lunch.

In the afternoon, take rest in the stilt house and strolling around the Cao Hoong village.

Tonight we will spend the third night in stilt house of Thai minority village.

Day 4: Cao Hoong – Trek to Cao Village (B, L, D)

After breakfast, we will start our trek to Cao village. Have an around 6 hours trek through the verdant countryside. The trek path runs uphill and downhill through forest, rice terraces and scenic villages.

Our lunch will be served in Local family in a Thai village on the way to Cao village.

Arrive in Cao village in the afternoon; take rest and walking around Cao village.

Tonight we will have dinner and spend the fourth night in the Thai village of Cao.

Day 5: Cao Village – Canh Nang Town – Mai Chau (B, L, D)

After breakfast, we will trek toward Ma River. The trek is quite gentle since we descend a wide-open valley. After 2 hours trek, we will reach Pho Doan Town where we visit to the local market. Following, trek Ma River, on the way see nice view of river, paddies and water wheel.

Back to Pho Doan town, our driver will pick us up and transfer to Mai Chau for a late lunch.

Tonight we will spend the night at home-stay in Pom Coong village. Enjoy the music and dancing show after dinner at Pom Coong village.

Day 6: Mai Chau – Hanoi (B, L)

Today is a relaxing day with a stroll in Mai Chau Valley to observe daily life activities of the local.

Our lunch will be served in local house before driving back to Hanoi.

Arrive in Hanoi at around 5:00 PM, tour concludes.

Tour Price:

What's includes?

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Private round trip transfer with A/C

English speaking guide, other languages is upon your request.

Meals as indicated

Home-stay permissions

Entrance fees & Sightseeing fees

What's excludes?

Travel insurance

Visa

Tips

Personal expenses

What to bring: Trekking boot, sun block, hat, anti-insect repellent, sunglasses, sleeping bag, rain coat, toiletries, original passport and first-aid kit

Tour Notes:

Home stay condition is basic

Beware of your luggage and money

Inform in advance if you are vegetarian.

All customers must obey the order of your tour guide for your safety.

Passengers are advised not to take along big luggage for convenience.

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